

[www.indianbeautyinstitute.com](http://www.indianbeautyinstitute.com)

 **INDIAN  
BEAUTY** INSTITUTE



## SCHOOL OF COSMETOLOGY AND AESTHETICS

SKIN | HAIR | MAKE-UP | NAIL ART AND EXTENSION

BODY THERAPY | SPA THERAPY | MEHENDI

## THE STORY BEHIND THE LOGO LOTUS BUD

INDIAN BEAUTY INSTITUTE with a Lotus Bud. A Lotus bud symbolizes a new beginning. Lotus is a symbol of beauty, creation, rebirth, modesty, innocence, purity, spiritual enlightenment, personal progress, wisdom and knowledge. The pink lotus is seen as supreme and associated with the gods and goddesses of Hindu and Buddhist religions. The scientific name of a Pink Lotus is *Nelumbo nucifera* (scientific name), also known as Sacred Lotus or Indian Lotus. A lotus is analogous to the spirit of a person in Hindu scriptures. It has significance in different religions, Hinduism, Buddhism, Christianity, and Ancient Egypt with the meaning of purity, holiness, divinity and dignity. A lotus bud starts with being small and simple; gradually it pushes itself from the murky water of the ponds, out in the sun to bloom into a resplendent flower. It teaches us to overcome all the struggles and rise above all the negativities and emerge as a beautiful person with meaning to our life. The lotus teaches us to blossom fresh with each practice and approaches it as a source of an infinite new beginning. Just like the bud opens petal by petal and opens up to embrace the world, we open our authentic self gradually in the light of the world with practice and perseverance, taking our team and students on the higher ground with us.







Awesome ma'am. She taught us deep knowledge which will be beneficial for us for the lifetime.

Neha Raval, PGDC Student, Vadodara

They say that the best teachers are those who show you where to look but don't tell you what to see. For me Malti ma'am is just the same, she inspires and guides me and I don't think I can ever learn the skin subject better from any other teacher. Thank you for being an inspiration to all of us ma'am.

Vaishali Bhojak, PGDC, Vadodara



You have been an incredible teacher of lessons both inside and outside of the classroom. Thank you for all of the lessons you've taught me!!

Hardika Patel, PGDC, Vadodara

Malti ma'am's teaching is superb. She makes us understand very well. She is the best teacher.

Teena Patel, PGDC, Vadodara





I have seldom had the opportunity to have such an incredible role model as you in my life. Malti ma'am you have reliably been my source of knowledge, inspiration and stability. I cannot thank you enough for all the magnificent things you have taught me! Ma'am you have been such a gift in my life...

Upaj Bhandari, ADAHD, Vadodara

Your passion for what you do has helped me find my own passion. Thank you for being such an inspiration to me..

Payal Alekar, PGDC, Vadodara



During lockdown got this amazing opportunity to attend lectures from Malti Ma'am. It was very thoughtful for continuing the courses via online sessions which helped me to utilize that duration in a very productive way. I am obliged to the knowledge she has shared with in-depth technicalities and made sure for us to achieve concept clarity. It was a very informative experience and would strive to reflect to the best of her teachings.

Karishma Sahoch, DBC, Vadodara

I don't have sufficient words to describe about Malti ma'am...she is an ideal person for me... in fact I am inspired from her.... such a complete combination of perfect corporate lady....  
I respect you ma'am....love u

Tejal Brahmabhatt, PGDC, Anand







Malti maam's teaching is incredible. She never gives up till the students have learnt. Thank you ma'am for everything.

Niyati Desai, PGDC, Anand

Ma'am you have not just taught us the syllabus, but you have prepared us for the road ahead in life. Thank you for being so supportive.

Mariam Bakhar, ADAHD, Vadodara



I thank you for being such an amazing teacher. I feel so fortunate to have been placed in your class. You have amazed and inspired me daily and for that I am thankful because you are truly a wonderful teacher. As a teacher you gave me the tools I need to face my future.

Jignasha Nenuji, ADC, Vadodara

You did more than prepare me academically, you prepared me for life. Thank you for all of the lessons you've taught me. I will remember them and you forever. Thank you, teacher.

Shilpa Patel, PGDC, Vadodara



# COSMETOLOGY





**IBIMC01**

## **MASTERS IN COSMETOLOGY**

Duration: 24 Months

Internship: 6months

No of Hours: 1376 Hours

### **Beauty**



- **BEAUTY LEVEL 1**
- **BEAUTY LEVEL 2**
- **BEAUTY LEVEL 3**
- **BEAUTY LEVEL 4**

### **Hair**



- **HAIR LEVEL 1**
- **HAIR LEVEL 2**
- **HAIR LEVEL 3**
- **HAIR LEVEL 4**

### **Makeup**



- **MAKEUP LEVEL 1**
- **MAKEUP LEVEL 2**
- **MAKEUP LEVEL 3**
- **MAKEUP LEVEL 4**

### **Nail Art & Ext.**



- **NAIL ART LEVEL 1**
- **NAIL ART LEVEL 2**
- **NAIL ART LEVEL 3**
- **NAIL ART LEVEL 4**

### **Spa Therapy**



- **ORIENTAL SPA**
- **WESTERN SPA**
- **AYURVEDIC SPA**

### **Therapy**



- **AROMA THERAPY**
- **BODY THERAPY**

### **Mehandi**



- **MEHANDI APPLICATION**

# **MASTERS IN COSMETOLOGY**

# COSMETOLOGY





**IBIPC02**

## **POST GRADUATE DIPLOMA IN COSMETOLOGY**

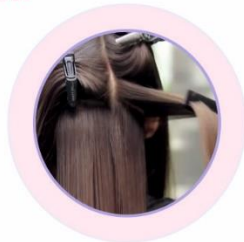
Duration: 18 Months  
Internship: 6 Months  
No of Hours : 1008 Hours

### **Beauty**



- **BEAUTY LEVEL 1**
- **BEAUTY LEVEL 2**
- **BEAUTY LEVEL 3**

### **Hair**



- **HAIR LEVEL 1**
- **HAIR LEVEL 2**
- **HAIR LEVEL 3**

### **Makeup**



- **MAKEUP LEVEL 1**
- **MAKEUP LEVEL 2**
- **MAKEUP LEVEL 3**

### **Nail Art & Ext.**



- **NAIL ART LEVEL 1**
- **NAIL ART LEVEL 2**
- **NAIL ART LEVEL 3**

### **Spa Therapy**



- **ORIENTAL SPA**
- **WESTERN SPA**

### **Therapy**



- **AROMA THERAPY**
- **BODY THERAPY**

### **Mehandi**



- **MEHANDI APPLICATION**



**IBIPC84**

**POST GRADUATE  
DIPLOMA IN  
COSMETOLOGY  
AND MAKE UP**

Duration: 18 Months  
No of Hours: 874 Hours  
Internship: 6 Months

# COSMETOLOGY

**PGDCM**

## Hair



HAIR LEVEL 1  
HAIR LEVEL 2  
HAIR LEVEL 3  
HAIR LEVEL 4

## Beauty



BEAUTY LEVEL 1  
BEAUTY LEVEL 2  
BEAUTY LEVEL 3  
BEAUTY LEVEL 4

## Nail Art & Extension



BEAUTY LEVEL 1  
BEAUTY LEVEL 2  
BEAUTY LEVEL 3

## Make Up



BEAUTY LEVEL 1  
BEAUTY LEVEL 2  
BEAUTY LEVEL 3  
BEAUTY LEVEL 4

No of Hours: 503 Hours  
Hair: Level 1,2,3,4  
Beauty: Level 1,2,3,4  
Makeup: Level 1,2,3,4  
Nail: Level 1,2,3,4



# COSMETOLOGY

IBIAC81

ADVANCED DIPLOMA  
IN COSMETOLOGY,  
MAKE UP AND  
NAIL ART

Duration: 15 Months

No of Hours: 738 Hours

Internship: 6 Months

ADCMN

## Beauty



BEAUTY LEVEL 1

BEAUTY LEVEL 2

BEAUTY LEVEL 3

## Make Up



BEAUTY LEVEL 1

BEAUTY LEVEL 2

BEAUTY LEVEL 3

## Nail art and Extension



BEAUTY LEVEL 1

BEAUTY LEVEL 2

BEAUTY LEVEL 3

## Hair



BEAUTY LEVEL 1

BEAUTY LEVEL 2

BEAUTY LEVEL 3



# COSMETOLOGY

IBIAC03

## ADVANCE DIPLOMA IN AESTHETICS & HAIR DESIGNING

Duration: 12 Months  
Internship: 4 Months  
No of Hours: 618 Hours

### Beauty



BEAUTY LEVEL 1  
BEAUTY LEVEL 2  
BEAUTY LEVEL 3

### Hair



HAIR LEVEL 1  
HAIR LEVEL 2  
HAIR LEVEL 3

### Makeup



MAKEUP LEVEL 1  
MAKEUP LEVEL 2

### Nail Art & Ext.



NAIL ART LEVEL 1  
NAIL ART LEVEL 2

ADAHD



# COSMETOLOGY

IBIACO4

## ADVANCE DIPLOMA IN COSMETOLOGY & NAIL ART

Duration: 12 Months  
Internship: 4 Months  
No of Hours: 558 Hours



### Beauty



- BEAUTY LEVEL 1
- BEAUTY LEVEL 2
- BEAUTY LEVEL 3

### Hair



- HAIR LEVEL 1
- HAIR LEVEL 2
- HAIR LEVEL 3

### Makeup



- MAKEUP LEVEL 1

### Nail Art & Ext.



- NAIL ART LEVEL 1
- NAIL ART LEVEL 2
- NAIL ART LEVEL 3

ADCNA



# COSMETOLOGY

**IBIAC05**

**ADVANCE  
DIPLOMA IN**

**COSMETOLOGY  
& PROFESSIONAL  
MAKEUP**

Duration: 12 Months  
Internship: 4 Months  
No of Hours: 630 Hours

## Makeup



MAKEUP LEVEL 1

MAKEUP LEVEL 2

MAKEUP LEVEL 3

## Hair



HAIR LEVEL 1

HAIR LEVEL 2

HAIR LEVEL 3

## Beauty



BEAUTY LEVEL 1

BEAUTY LEVEL 2

BEAUTY LEVEL 3

**ADCPM**



# COSMETOLOGY

**IBIAC83**

**ADVANCED DIPLOMA  
IN HAIR, MAKEUP  
AND NAILART**

Duration: 12 Months  
No of Hours: 514 Hours  
Internship: 4 months

**ADHMN**

## Nail art and Extension



BEAUTY LEVEL 1  
BEAUTY LEVEL 2  
BEAUTY LEVEL 3

## Make up



BEAUTY LEVEL 1  
BEAUTY LEVEL 2  
BEAUTY LEVEL 3

## Hair



BEAUTY LEVEL 1  
BEAUTY LEVEL 2  
BEAUTY LEVEL 3



# COSMETOLOGY



**IBIAC06**

**ADVANCE  
DIPLOMA**

**IN  
COSMETOLOGY**

Duration: 9 Months

Internship: 3 Months

No of Hours: 450 Hours

**Beauty**

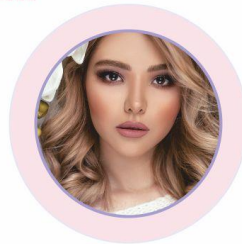


→ **BEAUTY LEVEL 1**

→ **BEAUTY LEVEL 2**

→ **BEAUTY LEVEL 3**

**Hair**



→ **HAIR LEVEL 1**

→ **HAIR LEVEL 2**

→ **HAIR LEVEL 3**

**ADC**



# ADHPM

## IBIAC82

### ADVANCED DIPLOMA IN HAIR AND PROFESSIONAL MAKE UP

Duration: 9 Months

No of Hours: 406 Hours

Internship: 3 Months

#### Hair



BEAUTY LEVEL 1

BEAUTY LEVEL 2

BEAUTY LEVEL 3

#### Make Up



BEAUTY LEVEL 1

BEAUTY LEVEL 2

BEAUTY LEVEL 3

# COSMETOLOGY

# ADVANCED DIPLOMA IN HAIR AND PROFESSIONAL MAKE UP

Duration: 9 Months

No of Hours: 404 Hours

Internship: 3 Months

## Beauty



BEAUTY LEVEL 1  
BEAUTY LEVEL 2  
BEAUTY LEVEL 3

## Make Up



BEAUTY LEVEL 1  
BEAUTY LEVEL 2  
BEAUTY LEVEL 3

IBIAC86





# COSMETOLOGY

**IBIDC07**

**DIPLOMA  
IN**

**COSMETOLOGY**

Duration: 7 Months  
Internship: 3 Months  
No of Hours: 356 Hours

**Makeup**



MAKEUP LEVEL 1  
MAKEUP LEVEL 2

**Hair**



HAIR LEVEL 1  
HAIR LEVEL 2

**Beauty**



BEAUTY LEVEL 1  
BEAUTY LEVEL 2

**DIC**



# COSMETOLOGY



**IBICC85**

**CERTIFICATE IN HAIR  
AND MAKE UP**

Duration: 5 Months  
No of Hours: 238 Hours

**Hair**



BEAUTY LEVEL 1  
BEAUTY LEVEL 2

**Make up**



BEAUTY LEVEL 1  
BEAUTY LEVEL 2

**CHMU**



# COSMETOLOGY

IBICC08

CERTIFICATE  
IN

COSMETOLOGY

Duration: 3 Months

No of Hours: 178 Hours

Internship: 0 Month

Beauty



BEAUTY LEVEL 1  
BEAUTY LEVEL 2

Hair



HAIR LEVEL 1  
HAIR LEVEL 2

Makeup



MAKEUP LEVEL 1  
MAKEUP LEVEL 2

\* Practicals only

CIC

# COSMETOLOGY



**IBICC09**  
**CERTIFICATE**  
**IN**

## **BASIC BEAUTY & HAIR**

Duration: 45 Days  
No of Hours: 70 Hours  
Internship: 0 Month

### **Hair**



HAIR LEVEL 1  
HAIR LEVEL 2

### **Beauty**



BEAUTY LEVEL 1  
BEAUTY LEVEL 2

**CBB&H**

\* Practicals only





 **1INDIAN**  
**BEAUTY** INSTITUTE

BEAUTY





**ADVANCE DIPLOMA IN  
AESTHETICS**

**DIPLOMA IN AESTHETICS**

**CERTIFICATE IN BASIC BEAUTY**

**CERTIFICATE IN CHEMICAL PEELS**

**ADE**

Duration: 5 Months  
No of Hours: 254 Hours  
Beauty Level: 1,2,3,4

**DIE**

Duration: 4 Months  
No of Hours: 224 Hours  
Beauty Level: 1,2,3

**CBB**

Duration: 2 Months  
No of Hours: 118 Hours  
Beauty Level: 1,2

**CCP**

Duration: 17 Days  
No of Hours: 30 Hours  
Beauty Level: 4

**Beauty**



→ **BEAUTY LEVEL 1**  
→ **BEAUTY LEVEL 2**  
→ **BEAUTY LEVEL 3**  
→ **BEAUTY LEVEL 4**



# COSMETOLOGY

## IBICB16

### CERTIFICATE IN ADVANCED BEAUTY

Duration: 2 Months  
No of Hours: 106 Hours  
Internship: 0 Month

Beauty



BEAUTY LEVEL 3

CAB





**CBS**

**CERTIFICATE IN  
BASIC SKIN**

Duration: 1 Month

No of Hours: 48 Hours

Internship: 0 Month

**Beauty**



**BEAUTY LEVEL 1**

**BEAUTY LEVEL 2**

PRACTICAL ONLY



**CPF**

**CERTIFICATE IN  
PROFESSIONAL  
FACIALS**

Duration: 2 Months  
No of Hours: 106 Hours  
Internship: 0 Month

**Beauty**



**25 Different Facials Only**



CIT

## CERTIFICATE IN THREADING

Duration: 15 Days

No of Hours: 24 Hours

Internship: 0 Month



HAIR





## ADVANCE DIPLOMA IN HAIR DESIGNING

ADIHD

Duration: 7 Months  
No of Hours: 344 Hours  
Internship: 3 Months  
Hair Level: 1,2,3,4

## DIPLOMA IN HAIR DESIGNING

DHD

Duration: 6 Months  
No of Hours: 226 Hours  
Internship: 3 Months  
Hair Level: 1,2,3

## CERTIFICATE IN BASIC HAIR DESIGNING

CBH

Duration: 3 Months  
No of Hours: 130 Hours  
Internship: 0 Month  
Hair Level: 1,2

### Hair



- HAIR LEVEL 1
- HAIR LEVEL 2
- HAIR LEVEL 3
- HAIR LEVEL 4



# COSMETOLOGY

CIAHD

CERTIFICATE IN  
ADVANCE HAIR  
DESIGNING

Duration: 2 Months  
No of Hours: 96 Hours  
Internship: 0 Month

Hair



HAIR LEVEL 3



## Hair



HAIR LEVEL 1

HAIR LEVEL 2

(Practicals only)

## CBH

### CERTIFICATE IN BASIC HAIR

Duration: 1 Month

No of Hours: 48 Hours

Internship: 0 Month

Hair



Chemical Work  
Practical Only

CHCW

CERTIFICATE IN  
HAIR CHEMICAL  
WORK

Duration: 21 Days

No of Hours: 34 Hours

Internship: 0 Month







# CHC

## CERTIFICATE IN HAIR CUT

Duration: 2 Months

No of Hours: 94 Hours

Internship: 0 Month

Hair



HAIR CUTS  
(PRACTICAL ONLY)



**CMH**

**CERTIFICATE IN  
MALE HAIR  
DESIGNING**

Duration: 2 Months  
No of Hours: 120 Hours  
Internship: 0 Month





**CBHS**

**CERTIFICATE IN  
FEMALE HAIR  
STYLE**

Duration: 45 Days

No of Hours: 60 Hours

Internship: 0 Month



**CAHS**  
**CERTIFICATE IN**  
**ADVANCED FEMALE**  
**HAIR STYLE**

Duration: 2 Months  
No of Hours: 84 Hours  
Internship: 0 Month



MAKE UP



## ADVANCE DIPLOMA IN PRO ARTISTRY MAKEUP

ADPAM

Duration: 5 Months  
No of Hours: 276 Hours  
Internship: 3 Months  
Makeup Level: 1,2,3,4

## DIPLOMA IN PROFESSIONAL MAKEUP

DPMU

Duration: 3 Months  
No of Hours: 180 Hours  
Internship: 2 Months  
Makeup Level: 1,2,3

## CERTIFICATE IN ART OF MAKEUP AMU

Duration: 2 Months  
No of Hours: 108 Hours  
Internship: 0 Month  
Makeup Level: 1,2

### Makeup



→ MAKEUP LEVEL 1

→ MAKEUP LEVEL 2

→ MAKEUP LEVEL 3

→ MAKEUP LEVEL 4







CPMU

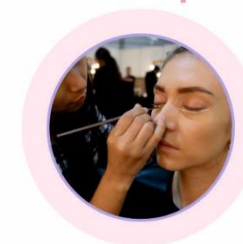
## CERTIFICATE IN PROFESSIONAL MAKE UP

Duration : 6 Weeks

No of Hours : 72 Hours

Internship : 0 Month

MakeUp



MAKEUP LEVEL 3



**CMU**

**CERTIFICATE IN  
MAKE UP**

Duration : 1 Month  
No of Hours : 60 Hours  
Internship : 0 Month

**Make up**



**MAKEUP LEVEL 1**

**MAKEUP LEVEL 2**

**(Practicals Only)**





CCBMU

**CERTIFICATE IN  
CULTURAL BRIDE  
MAKE UP**

Duration : 6 Weeks

No of Hours : 60 Hours

Internship : 0 Month



CEMU

CERTIFICATE IN EXPRESS MAKE UP

Duration : 3 Weeks

No of Hours : 36 Hours

Internship : 0 Month







# CESM

## CERTIFICATE IN EYE SHADOW MAKE UP

Duration : 1 Weeks

No of Hours : 12 Hours

Internship : 0 Month





**CSM**

**CERTIFICATE  
IN SELF  
MAKE UP**

Duration : 3 Weeks

No of Hours : 36 Hours

Internship : 0 Month





CSD

CERTIFICATE IN  
SAREE DRAPING

Duration : 2 Weeks

No of Hours : 24 Hours

Internship : 0 Month



NAIL ART





## ADVANCE DIPLOMA IN NAIL ART & EXTENSION

ADNAE

Duration: 3 Months  
No of Hours: 156 Hours  
Internship: 2 Months  
Nail Level: 1,2,3,4

## DIPLOMA IN NAIL ART & EXTENSION

DNAE

Duration: 2 Months  
No of Hours: 108 Hours  
Internship: 2 Months  
Nail Level: 1,2,3

## CERTIFICATE IN NAIL ART

CNA

Duration: 1 Month  
No of Hours: 60 Hours  
Internship: 0 Month  
Nail Level: 1,2

### Nail Art & Ext.



- NAIL ART LEVEL 1
- NAIL ART LEVEL 2
- NAIL ART LEVEL 3
- NAIL ART LEVEL 4



# Spa Therapy





## ADVANCE DIPLOMA IN SPA THERAPY

Duration: 4 Months | No of Hours: 228 Hours |  
Internship: 3 Months

ADST

No of Hours: 176 Hours  
Internship: 2 Months

## DIPLOMA IN SPA THERAPY

Duration: 3 Months | No of Hours: 165 Hours |  
Internship: 2 Months

DST

No of Hours: 100 Hours  
Internship: 15 Days

## DIPLOMA IN AYURVEDIC SPA

Duration: 1 Months | No of Hours: 63 Hours |  
Internship: 2 Months

DAS

No of Hours: 76 Hours  
Internship: 15 Days

## CERTIFICATE IN WESTERN SPA THERAPY

Duration: 1 Months | No of Hours: 68 Hours |  
Internship: 1 Month

CWST

No of Hours: 54 Hours  
Internship: 0 Month

## CERTIFICATE IN ORIENTAL SPA THERAPY

Duration: 1 Months | No of Hours: 58 Hours |  
Internship : 1 Month

COST

No of Hours: 46 Hours  
Internship: 0 Month

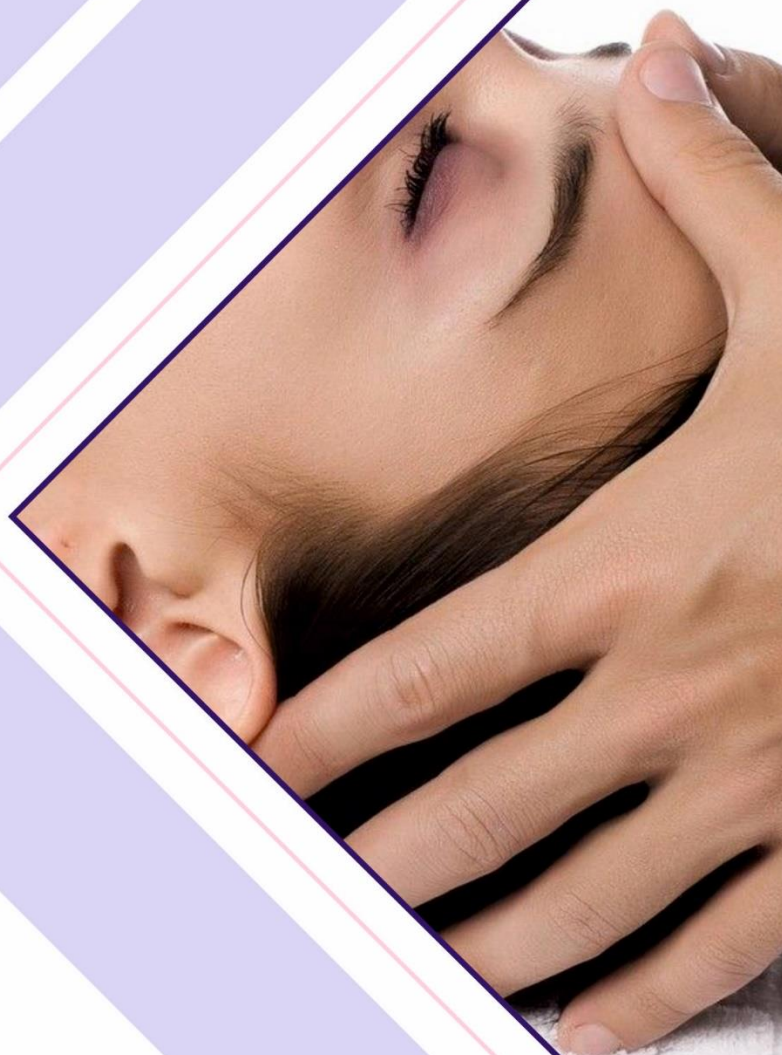
## Spa Therapy



→ Oriental Spa

→ Western Spa

→ Ayurvedic Spa





Therapy





## CERTIFICATE IN AROMA THERAPY

Duration: 18 Days | No of Hours: 40 Hours |  
Internship: 1 Months

CAT

Duration: 3 Weeks  
No of Hours: 30 Hours  
Internship: 0 Month

## DIPLOMA IN BODY THERAPY

Duration: 2 Months | No of Hours: 125 Hours |  
Internship: 2 Months

DBT

No of Hours: 98 Hours  
Internship: 0 Month

### Therapy



→ Aroma Therapy

→ Body Therapy







# Special Courses

**CEET** ▶▶▶ CERTIFICATE IN EYELASH & EYE BROW TINTING

Duration: 2 Weeks | No of Hours: 24 Hours  
Internship: 0 Month

**CET** ▶▶▶ CERTIFICATE IN EYELASH & EYE BROW TINTING

Duration: 1 Week | No of Hours: 12 Hours  
Internship: 0 Month

**CEE** ▶▶▶ CERTIFICATE IN EYELASH & EYE BROW TINTING

Duration: 1 Week | No of Hours: 12 Hours  
Internship: 0 Month

**CETE** ▶▶▶ CERTIFICATE IN EYELASH & EYE BROW TINTING

Duration: 2 Weeks | No of Hours: 24 Hours  
Internship: 0 Month



CSG

## CERTIFICATE IN SELF GROOMING

Duration : 2 Weeks

No of Hours : 24 Hours

Internship : 0 Month

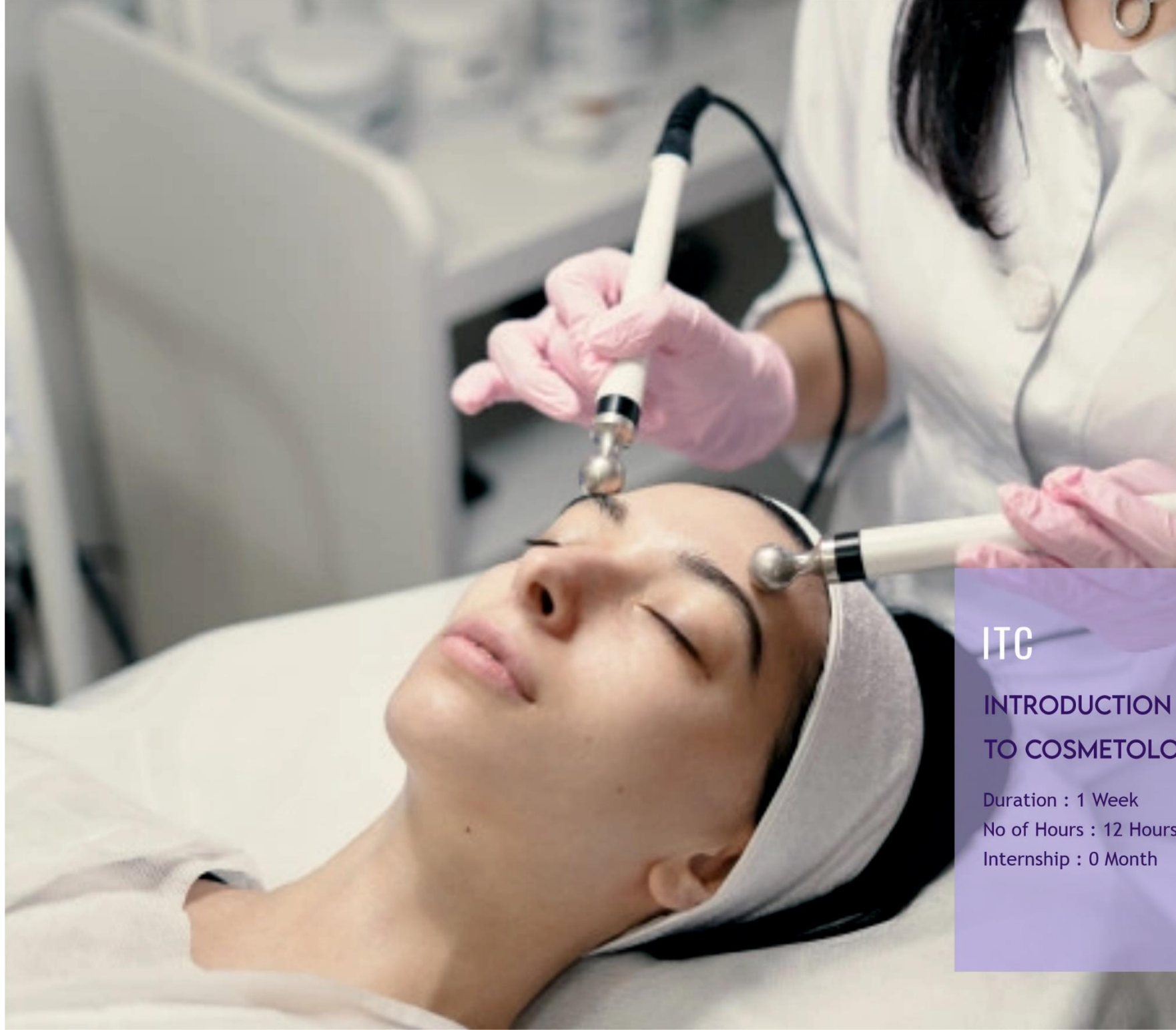




**CMA**  
**CERTIFICATE IN**  
**MEHNDI**  
**APPLICATION**

Duration : 2 Months  
No of Hours : 72 Hours  
Internship : 0 Month





ITC

## INTRODUCTION TO COSMETOLOGY

Duration : 1 Week

No of Hours : 12 Hours

Internship : 0 Month



CSM

**CERTIFICATE IN  
SALON  
MANAGEMENT**

Duration : 2 Week

No of Hours : 30 Hours

Internship : 0 Month





**DMC**

**DIPLOMA IN  
MEDICAL  
COSMETOLOGY**

Duration : 3 Week

No of Hours : 120 Hours

Internship : 15 Days



CMF

**CERTIFICATE IN  
MEDI FACIALS**

Duration : 2 Weeks

No of Hours : 90 Hours

Internship : 0 Month







## CBBGT

### CERTIFICATE IN INTERNATIONAL BB GLOW TREATMENT

Duration : 1 Week

No of Hours : 36 Hours

Internship : 0 Month

# Course Content

## BEAUTY

### BEAUTY LEVEL 1

1. Introduction to Cosmetology
2. Hygiene
3. Skin Structure
4. Microorganisms
5. Diseases and Disorders
6. Hair Removal Techniques
7. Bleach
8. Nail Structure
9. Nail Diseases and Disorders
10. Manicure and Pedicure
11. Classification of Skin
12. pH scale and acid mantle
13. Massage technique and facial strokes
14. Ingredients for masks and packs
15. Home care advice

### BEAUTY LEVEL 2

1. Cleansing
2. Toning
3. Skin analysis
4. Exfoliation
5. Steaming
6. Moisturizing
7. Facial preparation and trolley setting
8. Clean up
9. Basic facial
10. Fruit facial
11. Brushing unit

### BEAUTY LEVEL 3

1. Cosmetic science
2. Client consultation and record
3. Electricity
4. Ultrasonic machine
5. Anti-ageing treatment
6. Anti- pigmentation treatment
7. High frequency machine
8. Anti-acne treatment
9. Viennese facial treatment
10. Galvanic machine
11. Skin hydrating treatment
12. Deep cleansing treatment
13. Facial faradic machine
14. Age away treatment
15. Vacuum suction machine
16. Detoxifying treatment
17. Brushing unit: anti scar treatment
18. De-tan manicure
19. De-tan pedicure

### BEAUTY LEVEL 4

1. Chemical peels
  - i. Lactic peels
  - ii. Glycolic peels
  - iii. AHA peels
  - iv. TCA peels
  - v. Salicylic Acid peels
2. Microdermabrasion



# Course Content

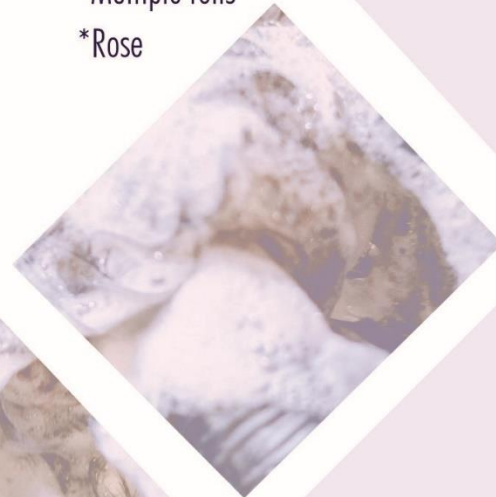
## HAIR

### HAIR LEVEL 1

1. About hair industry
2. Hygiene
3. Professional image
4. Structure of hair
5. Diseases and disorders
6. Knowledge of tools
7. Preparation and maintenance of work area
8. Shampoo and conditioning
9. Hair sectioning
10. Knowledge of styling equipment and products
11. Thermal styling
  - \* Ironing
  - \* Curling
  - \* Crimping
  - \* Wavers
  - \* Hot rollers
  - \* Velcro rollers
12. Indian head massage

### HAIR LEVEL 2

1. Knowledge of degree
2. Blow dry techniques
3. Cutting technique
4. Basic hair cuts
  - \*Single design line cut
  - \*U cut
  - \*V cut
  - \*Feather cut
  - \*Reverse graduation cut
  - \*Basic layered cut
  - \*Blunt cut
  - \*Split ends removal
5. Basic hairstyles
  - \*Braids: two strand, three strand, four strand, five strand
  - \* Mermaid
  - \*Waterfall
  - \* French
  - \* Dutch
  - \* Fishtail
  - \*Apple bun
  - \* French roll
  - \*Multiple rolls
  - \*Rose
1. Herbal deep conditioning
2. Henna application
3. Color theory
4. Hair color techniques
  - \* Global
  - \* Re-growth



# Course Content

## HAIR LEVEL 3

1. Color theory
2. Advance knowledge of Coloring
  - \* Global with fashion shade
  - \* Female streaking- weaving, slice, chunk, tipping, duo
  - \* Male streaking- frosting, foil, freehand.
3. Hair spa
4. Anti dandruff treatment
5. Anti hairfall treatment
6. Permanent straightening (rebonding)
7. Perming
8. Keratin treatment
9. Cutting technique
  - \* Multiple layers cut
  - \* Triangular graduation cut
  - \* Disconnected layers cut
  - \* Uniform layers cut
  - \* Graduation cut
  - \* Basic concave cut
  - \* Long shake cut
  - \* Bob cut
  - \* A line bob cut
  - \* Round texture bob cut
  - \* Male : flat graduation, classic stacker, clipper guard

## HAIR LEVEL 4

10. Hairstyles
  - \* High puff
  - \* Low puff
  - \* Trendy hairbuns
  - \* Flora fountain
  - \* Open hairstyles
1. Hair coloring
  - \* Theory of schwarzkoff and loreal
  - \* Creative coloring techniques
  - \* Star section
  - \* Half moon
  - \* Diamond section
  - \* Horse shoe section
  - \* Flicks
  - \* Keyhole section
  - \* Round paneling
  - \* Full head coloring- 2d, 3d, 4d
2. Hair texture service
  - \* Silk therapy
  - \* Smoothing (male)
3. Hair cut
  - \* Layers square
  - \* Blended elevation
  - \* High graduation
  - \* Translucent layers
  - \* Diagonal forward
  - \* Diamond layering
  - \* Graduated bob
  - \* Trendy male haircuts



# Course Content

## MAKE UP

### MAKEUP LEVEL 1

1. History of makeup
2. Classification of skin type
3. CTMP process
4. Day self makeup
5. Evening self makeup

### MAKEUP LEVEL 2

1. Makeup products
2. Makeup tools
3. How to apply makeup
4. Color theory
5. Foundation theory
  - \* Supra
  - \* Derma
6. Face shape
7. Day party makeup
8. Glossy makeup
9. Evening party makeup
10. Engagement makeup
11. Indian ethnic bridal look
  - \* Day bridal look
  - \* Evening bridal look
12. Reception makeup
13. Groom makeup

### MAKEUP LEVEL 3

1. Foundation theory
  - \* Ultra
2. Theory of neutralizer
3. Color wheel
4. Makeup chart
5. Different eye makeup
  - \* Smokey eyes
  - \* Cut crease
  - \* Snow globe
  - \* Cat eye
6. Red carpet look
7. Media makeup
8. Modern bride
9. Bronze look
10. Fantasy makeup
11. Illusion makeup
  - \* Cut
  - \* Burn
  - \* Bleeding

### MAKEUP LEVEL 4

1. Theory of makeup
  - \* Defining makeup artistry and makeup artistry as profession
  - \* Make up tools and sanitation
  - \* Cosmetics
  - \* Color wheel
  - \* Understanding lights and its effects
2. Working on base
3. Creating flawless base
  - \* Concealer
  - \* Neutralizer
  - \* Buffing and polishing
4. Face sculpting
  - \* Face structure/ face shapes and contouring
  - \* Eye shapes and contouring with eye shadow
  - \* Nose shapes and nose contouring
  - \* Brow shaping according to face shape
  - \* Managing facial hair

# Course Content

## THERAPY

### AROMA THERAPY

1. Theory of aroma oils
2. Human anatomy
  - \* Skeletal system
  - \* Muscular system
  - \* Circulatory system
  - \* Lymphatic system
3. Aroma facial
4. Aroma manicure
5. Aroma pedicure
6. Aroma body massage

### BODY THERAPY

1. Human anatomy
  - \* Skeletal system
  - \* Muscular system
  - \* Cell
  - \* Tissue
  - \* Metabolism
2. Figure diagnosis
3. Body massage
4. Cellulite
5. Electricity
6. Lymphatic system
7. G-5 machine
8. Body faradic
9. Ultrasonic
10. Vacuum suction
11. Nutrition
12. Personal health and hygiene
13. Heat treatment
14. Exercise

### MAKEUP LEVEL 4 CONTD...

#### 5. Makeup looks

- \* Glamour and Bollywood makeup
- \* Catwalk makeup
- \* Fashion editorial makeup
- \* Makeup for black and white photograph
- \* Retro makeup
- \* Camouflage makeup
- \* Pigmentation
- \* Scars
- \* Tattoo
- \* Vitiligo
- \* Brides
- \* Indian traditional
- \* Catholic bride
- \* Metallic makeup
- \* Yellow makeup
- \* Khaliiji makeup (silicon base)
- \* Air brush
- \* Product knowledge
- \* Airbrush cleaning and maintenance
- \* Mock practice
- \* Base application
- \* Face contouring
- \* Eye makeup
- \* Lip makeup



# Course Content

## SPA

### ORIENTAL SPA

1. Introduction to spa
2. Human anatomy
  - \* Skeletal system
  - \* Muscular system
  - \* Circulatory system
  - \* Lymphatic system
3. Basics of Asian therapy
  - \* Theory of Ying-Yang
  - \* Theory of Chakra
4. Thai massage
5. Reflexology
6. Javanese lulur
7. Balinese massage

### WESTERN SPA

1. Introduction to spa
2. Human anatomy
  - \* Skeletal system
  - \* Muscular system
  - \* Circulatory system
  - \* Lymphatic system
3. Swedish massage
4. Body exfoliation
5. Body wrap
6. Spa facial
7. Spa manicure
8. Spa pedicure

### AYURVEDIC SPA

1. Definition and history of Ayurveda
2. Basic elements of Ayurveda
3. Dietetics in Ayurveda
4. Ayurvedic wellness consultation
5. Ayurvedic spa setup
6. Client handling
7. Spa etiquettes
8. Marmas of face
9. Human anatomy
  - \* Skeletal system
  - \* Muscular system
10. Shirodhara
11. Choornasweda
12. Udhwartmam
13. Nasyam
14. Mukhleparam
15. Katibasti
16. Grihvabasti
17. Jaanubasti

# Course Content

## NAIL ART & EXT.

### NAIL ART LEVEL 1 AND 2

1. Nail shapes
2. Nail polish use
3. Dotting tools
4. Sponge work
5. Brush work
6. Glitter work
7. Marble work
8. Characters
9. Needle work
10. Foil work
11. Stamping
12. Newspaper art
13. Water declare
14. Latex work

### NAIL EXTENTION LEVEL 3

1. Acrylic extension
  - \* Clear job
  - \* French tip
  - \* Refilling
  - \* Removal
2. Gel extension
  - \* Clear job
  - \* French tip
  - \* Refilling
  - \* Removal

## MEHANDI

### MEHANDI APPLICATION

1. Making of Mehandi cone
2. Preparation of Mehandi
3. Mehandi application
4. Mehandi characters
5. Different Mehandi styles
  - \* Rajasthani
  - \* Arabic
  - \* Bridal
  - \* Pakistani





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